



Christine Kahane

Change Management, Leadership Development, Executive Coaching.

Christine builds on 25 years of experience working with organizations wanting to effect sustainable growth by building brands rooted in cultural core values. Witnessing the seismic shift in corporate cultures through values-driven change, Christine has worked to develop facilitation techniques that integrate EQ mastery, communication skills, and culturally-based business modeling.

Her company, The Institute for Unlearning, focuses on a company's cultural health, guiding teams to engage through mindful self-leadership.

Her work in the U.S. and internationally has given her extensive experience in co-creating what individuals and teams need to thrive: uncovering the unique qualities that bring lasting relevance to business, through harnessing people's innate genius.

When we live from our present moment awareness, our innate genius has a way to fully embody and express.

When people are driving their own learning, their resistance to change diminishes exponentially.

Her experience in leadership development and culture shift includes internationally recognized brands, among them, R.H. Macy & Co., Shearson Lehman Brothers, American Express, Barneys New York, Microsoft, Federated Department Stores, TLR Eclectic, The Landmark Group, and Mercy Health Systems. In the public sector, her shift work with government agencies includes EPS, NAVAIR, and numerous city and county police departments across the country.



She holds a Master of Fine Arts degree from the University of Arizona and a Bachelor of Arts from Brigham Young University. She is a Master Certified Health and Wellness Coach specializing in executive coaching through Motivational Interviewing and Appreciative Inquiry, and holds certifications in the Five Communication Sciences through TTIsi.

Christine has post-graduate certifications in Leadership Development from The Integral Center, Awake At Work Institute, The Center for Sacred Leadership, and The Return To Center. She is co-author of the Institute's new book, **Unlearning! A Revolutionary Way to Lead Today, due out Spring 2021.**