

DOCUMENT OVERVIEW

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I ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2
 Bot Flash Player and HTML5 Player for available.

- * ***Stargate Round Table*** **Host: MariettaRobert**
Thursdays at 6 pm Pacific / 9 pm Eastern

Listen live online <http://bbsradio.com/station2schedule>

Listen in by phone: 712-775-4842 – PRESS 2
Direct - 701-719-3600

- * ***Friday Night Hard News*** **Hosts: Tara & Rama**
Fridays at 6 pm Pacific / 9 pm Eastern

Listen live online <http://bbsradio.com/station2schedule>

Listen in by phone: 712-775-4842 – PRESS 2
Direct - 701-719-3600

- * ***History of our Galactic World & NESARA*** **Tara & Rama**
Saturdays at 6 pm Pacific / 9 pm Eastern

Listen live online <http://bbsradio.com/station2schedule>

Listen in by phone: 712-775-4842 – PRESS 2
Direct - 701-719-3600

- * **Friday, Saturday CONFERENCE CALL:**

The call moves from the radio to the Conference line:

For 1 hour – 6 pm Pacific / 9 pm Eastern, then returns to BBS Radio

Listen on the phone 641-715-3650 PIN 353863#

Listen online 641-715-3650 PIN 353863#

www.freeconferencecallhd.com

To interact during live shows: Canada/US: 1-888-429-5471 Direct: 323-744-4841
International: 1-530-413-9537

C Skype: BBSradio2

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
- Go to *BBSRadio.com/ Station 2*; scroll down on LHS; click on **Live Talk Radio Shows**
- Scroll down to **find the name of the show you're looking for**; click on **"Library Archives"**
- Clicking on those words takes you to the listing of all program archives, the latest one being at the top.
- You can download the program to your own computer or listen directly.

E Archives also exist on the 2013 website:

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for **written notes**, as well as the **audio recordings** of the conference calls

II ACCESS TO OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: ***Cheryl Croci's Activation Calls***
6 pm Pacific/ 9 pm Eastern
By telephone only: 1 - 605-475-5950; PIN 972400#

B Tuesdays ***Ashtar on the Road***
2nd & 4th Tuesday each month
6 pm Pacific/9 pm Eastern
Host is Fran; various guests

<http://www.ashtarontheroad.com/ashtarteleconferences.html>

by Phone: 1-228-339-7800 or 1-712-832-8330
• Call is free [except for long distance charges]

via HD Conferencing: <https://www.freeconferencecallhd.com/hd-conferencing/>
PIN # 980339 [always the same]

via Skype **Click on the voip button** and enter what they ask for:
<https://www.freeconferencecallhd.com/hd-conferencing/>

C Wednesdays: ***The Friends of The Aboriginal Moabite Nation Call***
7:00 – 9:00 EST
By telephone only: 1-712-432-0900 PIN 666238#
Replay# [good for 1 wk] 1-712-432-0990 PIN 66238#

D Every 2nd Wednesday ***The Abundance Call***
5:45 PM Pacific / 8:45 PM Eastern – a 1 hour call
with the Collective, a group of Angelic and Galactic beings,
channeled by Caroline Oceana *Ryan*

To be notified: email AscensionTimes@gmail.com with the message "YES to Abundance!"

III OPENING MEDITATION; HOUSEKEEPING; ACCESS TO PODCAST

A. Opening Meditation: Cheryl Croci

B. Housekeeping: Rainbird

- BBS:**
- A listener-supported radio program; we can access program archives on BBS
 - The radio program costs \$300 per week. And **we need \$ 300 this week.**
THANKS TO ALL WHO HELPED BALANCE OUR ACCOUNT AGAIN!
 - Go to BBSradio.com/Station2; find listing for True History call; find **Paypal** button
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS BBS ARCHIVES** for either of the 2 T & R PROGRAMS,
or the Thursday night program or MariettaRobert's Stargate Round Table
 - The mailing address for those who do not like paying electronically:
BBS Network, Inc. [Please put "**Attention Don**" on the envelope.]
5167 Toyon Lane [Please **note inside that it's for T&R; MR**]
Paradise, CA 95969
 - Sending a check to BBS means all your money is received; using Paypal incurs a fee.

T & R: • Their full-time, life time commitment is to be tuned in to what is really going on behind the artificial world we see around us. They don't ask for anything but they do require a home, food, gas, and access to BBS Radio on order to get this information out to the world.

• **Ongoing need:** money for food, bills, gas, repair bill for Rosie

• Towards the new car:

<https://www.gofundme.com/rama-berkowitz-car-for-work>

• Donations via the Paypal button on the **homepage of 2013 Rainbow Roundtable** - can be set up for regular donations; any amount is welcome and much appreciated! The amount can always be changed as you see fit.

• **Please notify T & R if you're sending something:** koran999@comcast.net

• Rama's mailing address for cheques, Money orders: Ram D Berkowitz
1704-B Llano St, #249
Santa Fe, NM 87505

• **phone contact** is via MariettaRobert Pickett: 317-773-0061
or by e-mail: stargatemarietta@gmail.com

• **Remember you can book a session with Mother, as well!**

• **donations to the Fresh Produce Fund for Tara & Rama** -
now on the 2013 Rainbow Roundtable website
thru Caroline Oceana Ryan

**** <http://2013rainbowroundtable.ning.com/page/donate> ****

- Your donation supports an account set up for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, NM
- These funds are used exclusively to maintain this weekly account for a steady supply of fresh produce to Tara and Rama.
They and the sponsors are very grateful for your assistance.
- Donations can be made in multiples as you wish.

MR: • Please remember to support MariettaRobert's show, too

• **You can also book a session with MR for a transformational clearing.**

T: Any trouble hearing means an **issue with the sound:**
it's an emergency – call 1-888-710-8061

C: ACCESS TO PODCAST: The following audio link allows you to listen to the entire program.

https://bbsradio.com/sites/default/files/audio_dirs_three/thetruehistory/The True History 2018-02-17.mp3

HARD NEWS TARA – T RAMA – R

T,R: Getting his voice back!

- Today's news: all of it – **listening to Moonwise, an astrology show** today talking of Pisces/Neptunian energies and the fall out – Russia is not the bad guy
 - It's the empire here, home-grown - got started with Argentina, Nazis, CIA, all the alphabet agencies, and the fake convoluted story of us going from Elohigh to Elohim to here we are ! . . .
- The program hosts were talking about really working with meditations as the dark side is stirring the pot to agitate every thing, all the energies in this moment – and the distraction aka a massacre ordered and carried out by the Black Ops – the 19 year old man was a mind-controlled agent like the rest – hearing voices
 - he may be considered a child yet when consciousness is in the realm of very low then . . .

T: there were mental issues from the time he was very small: and there were warnings about 6 mos ago to the FBI that the young man, by word of mouth, was a member of a white supremacist group that was quite militant – the kid told someone he was going to be come a professional school shooter – FBI said nothing, did nothing!

R: CIA is complicit – goes back to Cointel Pro and playing with peoples' consciousness to be used for nefarious purposes

- The real story is that Mr Putin has everything on Mr Trump – all the dossiers they have on the Grump family & other 13 families all goes back to the stories of the fake jews, Isreal and the occupation and invasion of a planet without galactic permission

- This was **brought up on Moonwise** today: the lady asked how could you even imagine being a 'world leader' when you have no respect for your own wife and children?

T: There's another layer that we need to pay attention to -

- Reminds us of the Prime Directive: non intervention in a civilization's development unless or because of nuclear or psychic holocaust
- judging a person's consciousness is not the place to go when there is psychic holocaust which began earlier when they started to use higher ET technology for their own use – they started to surveil everyone
- there are tools we can use: the Violet Flame, pursue a lifestyle with the power of the positive thought and don't allow things to pull us down

T & R facing challenges due to the chemtrails – a heavy energy where things are happening in the head – the frontal lobe, the eyes, the nose, the throat, the lungs etc - it requires them - as a test - to praise, respect, thank, and love the feelings and to continue to apply forgiveness – and the extension of that conversation is about applying the positive qualities and as we work with them, there is a place in consciousness where nothing affects us

- this shooter continues to look like the bad guy . . . Alex Witt asked someone today if Russia had something on the Grump family that we know nothing about, and could he be blackmailable? The first answer was that's the \$10 billion dollar question!
- The other thing she got was that everyone involved of the so-called good ones that actually said Mueller – 13 individuals and 3 companies- their evidence that was irrefutable – yet RT says **that's a total lie – there is no evidence of such things**
 - What's being covered up – it's propaganda - there is a way that cannot be seen for Hillary to do it all and have it tied into the Russians – that is what is going on, and Mueller is tethered by the neck to HRC & co
 - They have been banking on the people to be dummies and take the pablum!

R: Listened to Counterspin – Davd Cay Johnston was on and asked by the moderator about what does Mr Putin have on the Grump . . .

- he answered that he has more info that goes back 50+ years about the Grump crime family tied into the Italian mafia, the Jewish mafia, and all the others
- he left it as the reason he was still alive is because he has a dossier on the Grump that he's shared with many others across the planet!
- He put it as: there are multiple copies of what I have across the planet, so if I ever disappear or end up in the New York harbour or the Thames, it would be directly tied in with the Grump crime family – involves murder, rape, fraud, bank wire transfers & multiple banks & private foreign jurisdictional trusts in the Turks and Caicos for example

T: these are called "loopholes" for tax avoidance and all of them have to be gone now.

R: he's heard on **Star Trek** – the acquisition and accumulation of wealth at this time on the planet may serve a certain purpose, yet we are moving to being the 33rd member of the Intergalactic Federation of Worlds - money is a moot subject. Goes back to the episode called *Voyage Home*: Spock gets on a bus and asks 'What is exact change?' as he had no idea of what money was

T: That crack in the cosmic egg is getting wider!

R: Sergi Lavrov, Russia's foreign minister called the indictments of the 13 Russians "Hooey" today: Miss Hillary, John Podesta and others playing with the Khazarians and the not-so positive ET influences on the planet -

- there are several ET races of beings on the planet that are not here for humanity's highest good but they can do nothing due to the lockdown. In as much doo-doo as the ones they talk to – they are on Mother's shit list! They violated cosmic law!

T: we are not in polarity anymore – unless we choose that. It's a habit -

- was talking to someone about this today: T was invited to stay with Shield and Sherula in summer of 1991; in November it was 11/11 – one day, Sherula was channeling Lord Adama, the High Priest of Telos. He was pacing inside her and finally said "Your twin flame is around here somewhere, Tara!"
- On Nov 7 - people had come and gone, and there was someone from Hungary who'd been part of the KGB, and Shield and Sherula rescued him and brought him over – a big healing going on for him – he knew about the underground bases in Hungary and had seen enough of that. On Nov 7th there was an event at someone else's house, and it was packed – D'Yanna and Rama's sister Kria were channelling: AA Michael, St Germain, Sananda, Ashtar who actually said: 'Hats off to you guys cos you volunteered to drop into all of this!' He was honouring them as they had volunteered to raise vibrations and bring peace to the planet – in the physical – very challenging
- T watches with an eagle eye to see where the crack is opening more, and all the news this morning was about the Grump being blackmailable - one said this is nonsense; he's innocent; the other side said it proves h'es guilty AND THEY ARE BOTH WRONG! Because the so-called evidence is not evidence and it says nothing about the underbelly of the story, the info that David Cay Johnson has that allows such a situation to exist.

R: this goes into the realm of bodies in cement pillars – the Brooklyn Bridge! column of the bridg

T: what kind of a system is this that this kind of thing can actually exist?

- And there were pictures of Hillary up there all morning . . . the democrats are walking around and making sure they are not walking on her toes – it's out there now!
- and RT is just slicing this up – everything we need to know about what's not true, and the conflaguation of worlds
 - and then there's the young man who was in the school – the school is going to be taken down as the vibrations are so dark, kids won't go back

SIDE STORY: On **Pirate TV** last night – a seismologist focussing on the part of Lemuria – Alaska, California, Washington, Oregon, British Columbia and 5000 years ago they weren't there – because there was a war between the light and the dark –

BE SURE AND LISTEN TO THE DISCUSSION.

- **Black Panther** movie honours the black African goddess – recommends seeing it . . .
Reading: 2018-02-14 'Black Panther' Is Marvel's First Genuine Masterpiece
[SEE BELOW FOR MOVIE REVIEW THAT WAS STARTED]
- R:** as this happens (the movie comes out), Jacob Zuma resigns and puts in another – and they have to clean up the corruption which has to do with the US and Britain, and the Apartheid that white folks created.
 - and Dick Cheney was the one who put Nelson Mandela in jail for 26 years!
- **Dr John Vidale a seismologist and leader of the U of Washington's M9 project** –
 - some very shaky ground in WA - Seattle is on shaky soil, and there are 3 plates off the coastal region which go up to Vancouver and further north
 - There's a coastal plate, a 2nd plate and the plate in the interior; the movements happening there
 - warning system is very short – 5-10 seconds; turn off your stove; don't run when the earth is shaking;
 - all over Seattle and up and down the coast, there are many poorly built buildings
- 3 main earthquake threats to the Pacific NW
 - the awareness of the age we're coming into and the geological changes coming
 - shaking of bridges etc in the area
 - the train system
 - How to focus public
 - permanent off shore monitoring

Dr. John Vidale: The Big One: Cascadia's Megaquake

<https://www.youtube.com/watch?v=vcuShrG6NAA&feature=youtu.be>

As residents of the Pacific Northwest, we are all familiar with stories of Seattle's vulnerability to seismic activity. And we certainly recall the haunting 2015 New Yorker article asserting that our region is long-overdue for "the big one." To help contextualize these fears and delve into the science beneath the threat of earthquakes, we present Dr. John Vidale—seismologist at UW's College of the Environment and leader for several years of UW's M9 Project. Dr. Vidale's works lends insight on the likelihood of such a tremor, and offers a prognosis on the impact a giant coastal quake could have on Seattle's downtown. Vidale lends his rarefied expertise to assuage some of our fears while espousing the continued need for disaster-preparedness, as well as revealing his thoughts on implementing early warning technologies in the Pacific Northwest to grant us precious time to react before the shaking starts.

Thanks to IRIS/SSA Distinguished Lectures Series, Seattle Town Hall, and Phinney Neighborhood Association. Recorded 11/29/17

Back to the main story:

- the Grump is blaming the media
- there is treason here – it all walks back to Hillary – no word to describe how evil this is
- there are millions called Lightworkers who are on opposite ends of the pole – some love Trump – or don't
- the **solution is outside of this issue:** Dr Keshe's technology works – it's 5D tech which requires 5D awareness to make it work

- When they were at Shield and Shrula's house on 11/11, Rama walked in; she'd been invited too; had an adventure getting there: it was raining – all these things are tests – she got out and waved down a vehicle, a truck driven by a Native American – she drove; they stopped while she got flowers and drove to where S & S lived. When they got there, he said he had to be on his way – and then he and his truck disappeared.
 - Then she got to meet Rama – Cheryl said today that Black Moon Lilith is around, the tests will be huge – and apply love and there are potential for warnings
- Mother is talking to her via Rama: Rama was in ancient Mu, as she was, as the Queen of The School of Patterns and Discipline. She wanted to get into the arts; however, the movement was towards war, and the women were the warriors
 - there was a tension between Atlantis and Mu; the result was the sinking of Mu/Lemuria
 - Rama got stuck in an amethyst crystal for 3000 years because he went into war – and he was being taught he had to observe!
 - The story is that where that sank, where Pirate TV is on the west coast of the US was buried too – and Vancouver has caves underneath – some things can be mitigated, but not everything
 - those of us with the ability to look at things . . .

so what happened: there was Telos – Mauna Kea and Mauna Loa – nearly 14,000' mountains – just from the surface up: they are really 40,000 feet as they are rooted in the floor of the ocean

- there were 40,000 ' mountains in an arc from where Hawaii is up to Alaska
- As we help people to wake up
 - a dream you dream alone is a dream
 - a dream we dream together is a reality
- as Michael Ryce said on Thursday the ability to let things be without anger – it's #5 of 10 important things – the change point.
- What is the list she reads?
- Talking to someone this week about the bible stories that are just stories
 - The problem was the war that was between Divine Female and the Divine Male
 - in Telos there were guillotines – literally cutting off heads in the etheric physical!!
 - in the TV series *Highlander* – have to cut off the head of the immortals to kill them

R: there were a group of guardians that took care of affairs of earth; and in the first series Sean Connery and Christopher Lambert talk of it – Lambert lost his teacher Sean C who was dueling with someone from the dark side
- If someone is a 5th dimensional
 - so the story is the consciousness is there from the time of Mu
 - so ancient Mu has a long story that is not so good and there are 5th dimensional beings –
 - Trump is a 5th dimensional archonic being who has cut himself out of certain abilities

Audio: David Icke – the cruellest hoax Israel Fake History – a huge story going back to the League of Nations, WW 2 and the Bolshevic revolution

The Cruellest Hoax, Israel's Fake History - The David Icke Videocast

<https://www.youtube.com/watch?v=YUoDVCx88Kg&bpctr=1520397138>

Icke refers to two books:

[SEE BELOW FOR INFO ON THE BOOKS]

1. Shlomo Sand, a professor of history at Tel Aviv University

[The Invention of the Jewish People](#)

2. Arthur Koestler **The Thirteenth Tribe** by [Arthur Koestler](#)

ONE OF THE CONCLUSIONS:

- Seimitic is **not a race**, but a language group – an ARAB group!
- So anti-seimitic is an inversion of the way things really are!

Audio: Alex Witt – Saturday, February 17

- a short segment of one of the young people from the school, site of the massacre
- the Link is from CNN

Audio: Kryon Kryon 2018 February - Message From Unknown Energy (NEWEST!)

<https://www.youtube.com/watch?v=MaO3TXK4yY8>

This is about quantum energy and how people can/will use it.

Reading: [Positive Affirmations - The 42 Ideals of Ma'at](#)

[SEE BELOW]

B B S

ASTROLOGY Richard [RI]

Astrological Weather Report

- the new moon in Aquarius, was an eclipse – influence for roughly a 6 mos period
 - in July, there is a solar eclipse July 12; July 24 a lunar eclipse
 - solar eclipse on Aug 11; until we get to there, the influences of this new moon is very strong.

Sat: Mars square Neptune today; sun conjunct Mercury in last * of Aquarius

- Mercury goes into Pisces tonight late

Sun: Sun goes into Pisces; moon in Aries at 7 am EST

Tues: Moon conjuncts Uranus in the am; moon into Taurus later

Wed: Venus conjuncts Neptune in the afternoon; Mercury sextiles Saturn and Moon in Taurus will sextile Mercury, trine Neptune,

Fri: Moon in Gemini square Sun, Mercury, Neptune and Venus + first quarter moon

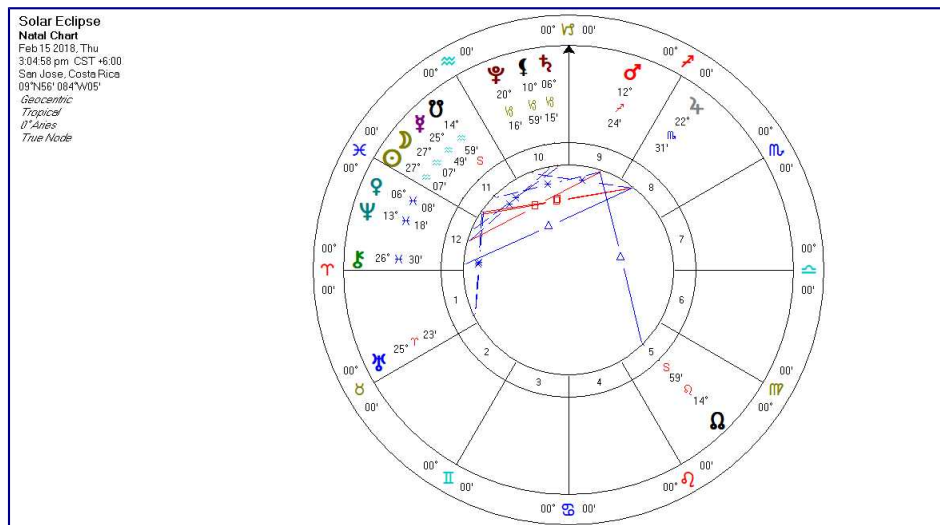
Sat: and sun conjuncts Mercury just before they go into

The Pele Report [Astrology For Valentine's Day! February 14, 2018](#)

<https://youtu.be/4KxJmAwNKPO>

[Click here to download/listen to the Pele Report mp3](#)

BE SURE AND WATCH THIS VIDEO – THE VIDEOS OF THE SKY AND THE STARS ARE AWESOME!



***I see what it is that I need to do,
As my eyes have now been opened,
And I call upon the spirit world,
That pure love not be forgotten.***

As I mention in the report, we couldn't have a better astrological reflection of Valentine's Day! What I didn't get into so much was the larger cycle of the eclipses that this solar eclipse in Aquarius is part of. The Moon's nodes entered the Leo/Aquarius axis in May last year and will remain there until November. So you may well remember the eclipse season of last year, particularly the total solar eclipse on August 21st as it occurred within 2 degrees opposite to Thursday's at 27 Aquarius 08!

I mention this now because many will have been "working" on similar themes from last August until now and this can be a time when the fog lifts, clarity returns, and we see what/why we created or were a part of such and such madness for the last six months haha! Hindsight is always so much clearer than when we're "in it" eh?

Lastly, then, we can also see that so much is out of our control for some time to come with the emphasis in Cap-Pisces, that we must continue to strengthen our awareness of and reliance on the spirit world. To assume that we "know" or are in control during these times is arrogant as well as foolish, leading to disastrous results. Love both humbles us and lifts us to unknown heights. Best not to assume we have it together but rather let the world reveal It's "togetherness" to us! Injoy!

T: asks about Kaypacha's new mission?

Ri: **The new energy with the Aquarian flavour – has to do with speech, etc polish your curiosity for the truth**

- not too long ago had a collection of planets in Capricorn, now there is a collection of planets in Pisces – will be different because there's an underlying Aquarius thing going on
- the whole field of human consciousness – the number of connections within the brain of humanity continues to grow and arises through the billions of interconnections via neurons and out through the bodies through the nadis, the tree trunk of the nervous system of the body which parallels the nerves and the veins
- We are in the zone of using the brain system to uphold the heart system and that balance of that is the goal: Happiness and Bliss

Reading: Mystic Momma

[SEE BELOW]

2018-02-17 Chinese Astrology: 2018 Tibetan and Chinese New Year of Earth Dog

Reading: Celia Fenn – the new moon and partial solar eclipse from Thursday

- Mother is saying there is an intervention here that isn't quite being seen yet . . .

CONFERENCE CALL <https://fccdl.in/exJn9uIIvf>

Caller/C: has found many posting of the 42 Ideals of Ma'at but not what she read tonight -

Reading: 2018-02-12 [A Message to Lightworkers – February 12, 2018](#) **[SEE BELOW]**

- Even on MSNBC bringing Hillary up as the good kid, not as what is really happening. Bringing up things from the past – from a debate during the presidential race: her in a white pant suit, and Grump with an old man's face, like a troll
 - RT is pulling the rug out from the whole story- Sergei Lavrov says it's ridiculous, and that they are going after the story because it's a good whipping boy.
- **David Cay Johnston has a 30 years worth of info on the Grump**
- **Julian Assange is to Hillary, as David Cay is to Trump** – she's the one who wants Julian dead~turned over to the US so she can take care of it!

B B S RADIO

Audio: AM JOY - February 17, 2018

After massive tax cut for rich, Trump seeks to cut SNAP

<http://www.msnbc.com/am-joy/watch/trump-wants-to-cut-snap-give-poor-boxes-of-canned-food-1164131907880>

Donald Trump's administration wants to replace half of SNAP benefits, which were commonly known as food stamps, with boxes of pre-selected non-perishable food items and zero fresh food. Joy Reid and her panel discuss why this would be less healthy and more humiliating for the poor. Feb. 17. 2018

Audio: Going Underground 2017-02-17 Looting South Africa, campaigning for nuclear disarmament & saving the planet with fashion (E576)

<https://www.rt.com/shows/going-underground/419094-zuma-legacy-south-africa/>

In this episode, we speak to Professor Patrick Bond about the forced resignation of President Jacob Zuma and the neoliberal Mandela legacy in South Africa. The Unofficial War Artist Peter Kennard and the head of CNDA on Trump, North Korea and 60 years of the Campaign for Nuclear Disarmament. Plus, iconic fashion designer Zandra Rhodes on fashion, Brexit and sustainability.

Audio: Chris Hedges Rise of Hindutva fascism with Shehla Rashid Shora

2018-02-19 Indian activist Shehla Rashid Shora discusses Hindutva fascism through religious and political unrest and classism in India.

<https://www.rt.com/shows/on-contact/419179-india-hindu-fascism-religion/>

Audio: The Laura Flanders Show [Trump Year 2: What's Next?](https://youtu.be/YFKUq2IMVik)

<https://youtu.be/YFKUq2IMVik>

What lies ahead for change makers in 2018, the right and the rest. Laura talks politics, culture, and economics with Tarso Luís Ramos, executive director of Political Research Associates, and Sarah Ludwig, co-founder of the New Economy Project. Plus, Laura's weekly commentary with a few cheers for the cities who divest (in this new "fossil fuel moment").

Audio: Keiser Report Episode 1190 17 Feb, 2018

<https://www.rt.com/shows/keiser-report/419091-episode-max-keiser-1190/>

In this episode of the *Keiser Report*, Max and Stacy discuss JP Morgan's 'bitcoin bible' as a plea for help from central banks to protect their fractional reserve banking monopoly model. In the second half, Max interviews Mark Yusko of Morgan Creek Capital Management to discuss demographics, alternative energy, the transfer of wealth from the developed to the developing world, and what that means for the future of capital markets. They also discuss bitcoin and where that fits into the new financial paradigm.

Audio: Thom Hartmann University Book Club – “Seize the time”

from the book called **The Fourth Turning**

Audio: Radiant Rose Academy: The powerful and transformational MASTERS MEDITATION

https://www.youtube.com/watch?v=ZD5qMm_FqY

Reading: W.E. B. De Bois - T reads several essays, including **Christmas Time 1918; The Awakening Years;**

Closing: Rainbird

T: Role of Provost Marshall General and who appoints him

- Appointed by Joint Chiefs of Staff
- He takes his orders from the King of Swords, who gets his orders from St Germain

A dream we dream alone is only a dream
a dream we dream together is a reality – from John Lennon!

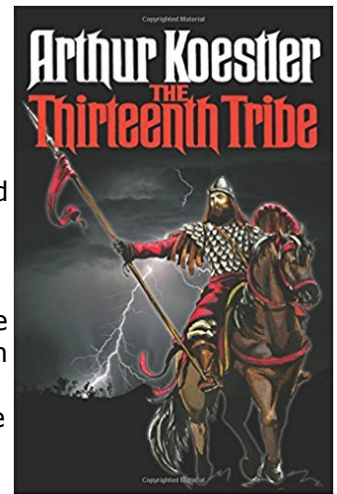
Music: A community of the spirit . . .

INFORMATION RELATED TO THE NOTES

The Thirteenth Tribe: The Khazar Empire and Its Heritage

by [Arthur Koestler](#) (Author)

This book traces the history of the ancient Khazar Empire, a major but almost forgotten power in Eastern Europe, which in the Dark Ages became converted to Judaism. Khazaria was finally wiped out by the forces of Genghis Khan, but evidence indicates that the Khazars themselves migrated to Poland and formed the cradle of Western Jewry. To the general reader the Khazars, who flourished from the 7th to 11th century, may seem infinitely remote today. Yet they have a close and unexpected bearing on our world, which emerges as Koestler recounts the fascinating history of the ancient Khazar Empire. At about the time that Charlemagne was Emperor in the West. The Khazars' sway extended from the Black Sea to the Caspian, from the Caucasus to the Volga, and they were instrumental in stopping the Muslim onslaught against Byzantium, the eastern jaw of the gigantic pincer movement that in the West swept across northern Africa and into Spain.



Thereafter the Khazars found themselves in a precarious position between the two major world powers: the Eastern Roman Empire in Byzantium and the triumphant followers of Mohammed. As Koestler points out, the Khazars were the Third World of their day. They chose a surprising method of resisting both the Western pressure to become Christian and the Eastern to adopt Islam. Rejecting both, they converted to Judaism.

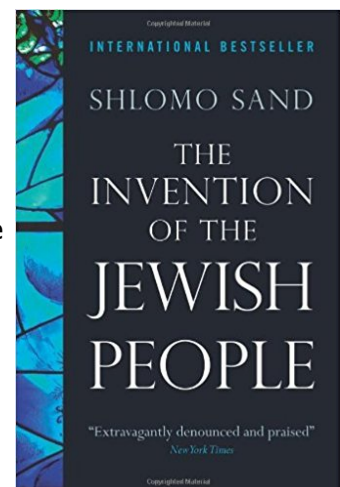
Mr. Koestler speculates about the ultimate faith of the Khazars and their impact on the racial composition and social heritage of modern Jewry. He produces detailed research to support a theory which could make the term 'anti-Semitism' become void of meaning.

The Invention of the Jewish People

by [Shlomo Sand](#) (Author), [Yael Lotan](#) (Translator)

A historical tour de force, *The Invention of the Jewish People* offers a groundbreaking account of Jewish and Israeli history. Exploding the myth that there was a forced Jewish exile in the first century at the hands of the Romans, Israeli historian Shlomo Sand argues that most modern Jews descend from converts, whose native lands were scattered across the Middle East and Eastern Europe.

In this iconoclastic work, which spent nineteen weeks on the Israeli bestseller list and won the coveted Aujour'hui Award in France, Sand provides the intellectual foundations for a new vision of Israel's future.



2018-02-14 'Black Panther' Is Marvel's First Genuine Masterpiece

Ryan Coogler's highly anticipated superhero movie is even better and richer than could have been imagined, thanks to a fantastical world that evokes real questions about history

By [K. Austin Collins](#)

<https://www.theringer.com/movies/2018/2/14/17011910/black-panther-film-review-marvel-ryan-coogler-michael-b-jordan-chadwick-boseman>



IMDb/Ringer illustration

Let's talk about hunger. As wonderful as *Black Panther* is—and it's as good as we'd hoped, maybe even better—nothing in it is a match for the carefree, infectious joy displayed last week by a group of middle school students from Atlanta's Ron Clark Academy. Maybe you've seen them. They went viral after [videos of their celebratory dancing](#) on school cafeteria tables hit Instagram, then Twitter, then the news. The students had just found out that they—like middle and high school students [across the country](#), boosted by [fundraising campaigns](#) and the wise support of their [principals](#), teachers, parents, and [local community leaders](#)—were taking a school trip to see *Black Panther* for free. Fundraisers to send students like these to see the movie have become a nationwide trend: the #BlackPantherChallenge. Over \$300,000 has been raised to date.

That's not the sole reason *Black Panther* seems [poised to trounce box office records](#) this weekend, to say nothing of its other benchmarks, like exceeding the Fandango presales of every other Marvel movie to date, or being one of Twitter's most talked-about movies of 2017—despite not coming out until 2018. But it helps. If we're going to have a conversation about what makes *Black Panther* feel so essential, we may as well start there. We can do the whole song and dance of spelling out the basic reasons for the movie's importance: what it means for Hollywood that a project of this size, with this budget, and with a nearly all-black cast, can finally seem like a worthwhile risk for a major studio and the timely impact of a movie about a mythical African kingdom, a so-called "shithole country," to be released at this moment in our political history. The movie is a symbolic solution to issues that, when *Black Panther* was just a rumor, a dream getting tossed to and fro in a Marvel Studios boardroom, we didn't think could grow so much more dire.

All of that matters. All of it is true and worth reckoning with. Does any of it justify the goofiness of Michael B. Jordan, one of the movie's stars, [cosplaying as a member of the actual Black Panther Party](#) on the cover of British *GQ*? Complicated. Maybe a radical political organization like the Panthers would have preferred to have been left out of your corporate franchise narrative, pun or no pun. And would any of the movie's representational power still matter if *Black Panther* weren't any good? Again: complicated. The social politics of it all are eerie and dense; those politics, twined with history, aesthetics, the *New York Times* push alerts I keep ignoring, the open-all-hours despondent chaos of my Twitter feed, and on and on, is even more fraught. It's possible to love *Black Panther* but be conflicted, but still love it, but still be conflicted, all the while sharing in the unmitigated joy of its existence. "The film arrives as a corporate product," [writes Carvell Wallace](#), beautifully, for *The New York Times*, "but we are using it for our own purposes." I like thinking of *Black Panther* in those terms: not just as a movie you watch, nor as a challenge to the woke box-checking of the political minefield we call the internet, but as something we can use.

On the other hand, it has to work as a movie, too. It has to be a banger. The clapbacks have to be good. The fights have to be *great*. I'm trying to imagine being Ryan Coogler, the movie's 31-year-old superstar director, at the start of this project, tasked with a job as monumental as this, burdened by a keen sense of the inherent inability to please everyone, and still having to make the movie. The central triumph of *Black Panther*, though it's merely one of many, is that the story Coogler and his cowriter, Joe Robert Cole, have devised is even better and richer than could have been imagined—not only because it owes so much to racial questions of the kind the Marvel Universe hasn't encountered before, but also because we're 17 movies deep into said universe and well versed in its foibles and missed opportunities.

Black Panther is a feat in its own right. It is very much the Black Panther tale dreamed up by Stan Lee and Jack Kirby in the 1960s, a retelling of the origin story in which Wakanda becomes the sole possessor of vibranium, an indestructible alien element from a fallen meteorite, and over time becomes the most technologically advanced society in the world, in part by cutting itself off from said world, hiding under the cloak of unassuming third-world poverty.

The story of the movie, taking its cue from the comics over the years, involves precisely this question of isolation, and whether Wakanda is better off alone. The trouble starts when T'Chaka, the king of Wakanda, and the current Black Panther, is killed in an attack on the U.N. in Vienna, a plot point familiar from 2016's *Captain America: Civil War*. When he dies, his son, T'Challa (Chadwick Boseman), rises to power. The robot-armed villain Ulysses Klaue (Andy Serkis), meanwhile, is trying to break into Wakanda and steal its resources with a small team of bad guys, among them Erik Killmonger (Michael B. Jordan), by his side. Who Killmonger is to Wakanda I'll leave it to the movie to reveal. Suffice it to say this gnarly, muscled Annapolis grad from America has been trained in bringing down royal dynasties, and he's got his eye on T'Challa's throne—and the smarts, as well as the thirst for vengeance, needed to get there.

It's a complicated plot centered on the question of what Wakanda is and—most urgently—what it means, not only to the Wakandans themselves nor even to Africans broadly, but to blacks everywhere. Imagine knowing there was a black utopia, a place at the root of all blackness, self-sufficient and untouched by slavery or colonialism. It's a fantasy: a reversal of history. "Wakanda itself is a dream state," says director Ava DuVernay to [The New York Times](#), "a place that's been in the hearts and minds and spirits of black people since we were brought here in chains." The

question that envelops *Black Panther*, in other words, is a question baked, poignantly and also fraudtly, into its script. What Wakanda—a booming black metropolis that mixes technological Afro-futurity with the spiritual and ancestral past—means to the black people within the movie is analogous to what it means to us outside of it.

Incidentally, I've noticed in comment sections and the occasional dumb tweet that this idea can be misread to suggest that the premise of *Black Panther* is one in which black greatness can exist only in fantasy. I see it differently. The power of Wakanda, to me, is in the idea that within destitution and historical violence can lurk great power. Wakanda puts up a literal front that effaces its true beauty; what appears impoverished is, in fact, the seat of technological advancement. This is different from the usual Third World discourse, and it's certainly different from the history of colonization, in which the primacy of Africa as a hub of civilization, rather than as merely a victim of it, is often erased.

"I'm from a place that I'd never been to and that nobody who I loved had been to because they couldn't afford to go," [says Coogler](#), who grew up hearing about Africa but went for the first time only late in the process of making his previous film, *Creed*. "So I would hear stories from them about this place that they didn't even know anything about, and those stories were a counterbalance to the awful things that we did hear about them." Coogler spent about three weeks traveling Africa as he did research for the film. "I truly felt that seeing it for myself was necessary for my growth as a human being."

The story of black American spiritual renewal and voyages to Africa isn't a new one; entire movements and styles, from Black Zionism in the 19th century to the kente cloth durags I grew up seeing in Irvington, New Jersey, were born of this idea. It's not even new to movies, really—*Coming to America* being a prominent, humorous riff on black Americans' imaginative curiosity about Africa and Africans, and Hype Williams's *Belly*, which features a character played by Nas expresses a desire to leave behind a life of violence to go to Africa and find his roots. But that's not the same as seeing it in a Marvel movie. And Coogler, smartly, revels in the astonishing, symbolic beauty of it. Coogler's Wakanda is rife with powerful women, including the army of speared warrior women known as the Dora Milaje, who serve the king in name but, based on their fierceness alone, would seem to serve no master. Has Grace Jones hailed from Wakanda this whole time and none of us knew? The gangbusters quartet of Lupita Nyong'o, Danai Gurira, Angela Bassett, and Letitia Wright play T'Challa's love interest, war general, mother, and sister, respectively, but each woman stands on her own, separate from her ties to T'Challa. Each woman is as modern as the gleaming, sky-high buildings or the hyperadvanced rail system devised by Shuri, T'Challa's sister, who is in charge of the country's vibranium-based technologies.

For all that's new, there's old again: The act of becoming king is still rooted in old rituals, down to a fight on the rocky cliffs of a waterfall in which the incumbent Black Panther, stripped of his legendary powers and reduced to being a mere man, must defend the seat from a challenger. T'Challa wins that battle, but he risks losing the war. What makes *Black Panther* feel different from other Marvel movies is that the world it imagines, the fights it insists must be fought, are grounded in real questions with immediate analogues that harken back to an entire discourse of black activism and thought. Other superhero movies could take a page from *Black Panther's* book. How much better would most superhero movies be if, rather than fall back on the plain anonymity of World War I and II villains, they rooted themselves in a live, urgent sense of culture? What if

Christopher Nolan's Batman films had anchored themselves in a genuine sense of economic disparity, rather than continually paying lip service to that idea through a vaguely conceived millionaire and his abuses of power? What if the Avengers' *Ultron* had more of a palpable fear of public surveillance? Seeing Bruce Wayne or even 007 get a tour of their new toys, meanwhile, is always fun, as tropes go, but imagine that those toys, and the monied, technologically advanced societies they imply, had become possible only through an element that had the power to reverse the course of colonial history. Wouldn't those tools seem more powerful, the stakes in their design that much higher?

That's what it feels like to watch *Black Panther*. Coogler's unique skill, visible from his first feature, *Fruitvale Station* (2013), about the 2009 shooting of Oscar Grant III in Oakland, is his ability to instill a movie with a sense of history and, even more remarkably, a sense of place. *Fruitvale* is very much an Oakland story. The director's tremendous follow-up, *Creed* (2015), a sequel to the *Rocky* franchise (again starring Michael B. Jordan), is a Philly story.

Black Panther is, obviously, a Wakanda story, meaning that its images ripple with Wakanda's specific rhythms and textures; characters' in-jokes and senses of humor seem to open up untold bits of history among them; rituals feel genuinely ritualistic, lived in and specific to the people and the place. It's convincing in the way that the struggles between young Creed and old man Rocky became the foundation of one of the most moving and unlikely screen relationships in recent memory. Their shared history, evoked in the pictures on the walls, the scratches in the furniture, and the gestures and looks that divvy up the emotional beats of the story, is what creates that bond. Coogler takes history—geographic, interpersonal, textbook—seriously. But that's merely a personality trait. What makes his films a cut above is his ability to give that history an afterlife in images, to weld those images into a story, to fashion that story into something larger than life—larger, even, than movies.

Black Panther may be Coogler's first superhero movie, but in truth, the heroes at the center of his films, including Oscar Grant, have always felt bigger than their real-life counterparts, if only because of Coogler's willingness to lean into treating them like the heroes of a movie. It's not that simple, but maybe it is. Even *Fruitvale*, which lacks the muscled opera of *Creed* and the big-budget wizardry of *Black Panther*, is a movie whose contrived sense of last rites seems to contradict the realistic look of its images. But the movie isn't totally interested in outright realism. It's a precisely structured, unsubtle, larger-than-life tragedy, the kind of tribute you give to a man whose fate stood for more than one man's fate. That comes off in large part because of Jordan, who is again the standout actor in *Panther*, and who has found, in Coogler, the perfect collaborator. In *Panther*, Jordan's pain is the movie's pain, his rage the movie's rage. He's the villain, but not really. The movie takes the grand risk of seeing him with sympathy, not merely because he's human, but because he, too, is a black man in search of a home, and a history—like so many of us. He has strayed, but the movie goes out of its way to give his feelings legitimacy. The ideas that sustain him—about what Wakanda owes to the world—are the opposite of villainy.

I admittedly have less at stake in whether *Black Panther* is a good superhero movie. I just wanted it to be a good movie. And I wanted us to be a good audience: thoughtful, fair, fervent, excited. I think we're all winning, on all fronts. The most radical thing a *Black Panther* movie could have done is ask what Wakanda means—and what it owes—to the race. And that's what Coogler's passionate, funny, dexterous movie asks, over and over again, both to its characters and to its audience. It's a mighty question, and it feels like it's coming alive in almost every one of Coogler's images: in their sense of the elements, in their dramatic and physical grandeur, in their beauty. Black Panther crouching in trees to pounce on a team of sex traffickers is an image with force; so are the images of T'Challa fighting for the throne in water so viscous and alive it seems fit to swallow him back up into the earth. Wakanda is sequestered for a reason. Its ability to resist being colonized, like its neighbors, isn't arbitrary or accidental. How do you make a multimillion-dollar Marvel movie out of that moral complexity? There's no need to wonder any longer. Coogler has made that movie. And it's Marvel's first genuine masterpiece.

2018-02-17 Chinese Astrology: 2018 Tibetan and Chinese New Year of Earth Dog~



"LOYALTY"

[ART BY MYSTIC MAMMA](#)

We welcome the Tibetan and Chinese New Year of the Earth Dog. After an extreme [Year of the Fire Rooster](#), which stirred our passions and ignited us to rise and mobilize into action, we now move into the grounding energy of double Earth in this New Year of the Dog.

Integrity becomes central in all we do, as we continue to re-build a more solid foundation that is rooted and aligned with our universal values of love and respect for all.

In this cycle we ground down and take our power back. We use discernment with what we take in and consume in all ways, be it television, social media, thoughts, attitudes, the food we eat, what we buy etc.

Dog shows us the importance of being loyal and how that deepens our relations. We are reminded to use our bark against Injustice as we team up as guardians and caretakers of our planet Earth and all that we hold sacred.

We are waking up, and together rising. Like Sting once sang, "There is a deeper wave than this, swelling in the world... There is a deeper wave than this, listen to me girl."

Here's the MYSTIC MAMMA Astral Insights on this 2018 Chinese and Tibetan New Year of Earth Dog. First from [Narrye Caldwell](#), Chinese Astrologer and Doctor of Traditional Chinese Medicine:

"The inevitability of change is a fundamental principle in Chinese astrology. And the ability to skillfully adjust to continually shifting cycles, is considered to be a longevity art.

"Wisdom tells us, that no matter what difficulties you are facing, no matter how hopeless or frightening the situation seems, if you wait it out, a turning point will come.

"The important thing is to maintain your composure, and recognize the moment when appropriate action will be effective.

*"That **turning point is now**. Welcome to the Year of the Earth Dog.*

"...Let me begin with the element (Earth) that rules this year. Earth has the qualities of stability, nourishment, consistency, balance and harmony.

"Earth is related to the digestive system in Chinese medicine, and its function of selecting, through our appetite, the correct foods for our condition.

"When working well, our earth element effortlessly **transforms food and thought, (everything we take in), into substance and vitality.**

"When depleted we can get stuck, exhausted, lose our way, become obsessive worriers.

"The coming lunar year, which begins on February 16, is a double Earth year.

"Not only do we have Earth appearing in the natural cycle of heavenly chi (which progresses through Wood, Fire, Earth, Metal, and Water for two years each), but also, the Dog's innate element is Earth...

"To make best use of this incoming Earth energy, it will be crucial to pay attention to your diet. By this I mean not just the food you eat, but everything you take in; this includes thoughts, ideas, information, and attitudes.

"**Attention to what you feed yourself this year** will have profound effects on the health of your own Earth element, (your ability to sort fact from fiction) and may determine whether you can rise courageously above the turmoil that threatens the village, or end up in the bog with the marauders...

"The Dog is all about loyalty and guardianship. Honest, trustworthy, and fair, Dog is a **vigilant protector of friends, family, and all he holds dear.**

"Some call Dog a cynic and an anxious worrier. But who among us doesn't know this territory? When you care about something deeply, and are charged with protecting it with your life, you'd be anxious too.

"...When well supported, the best qualities of Dog come forward— corruption is rooted out, tyranny and oppression overturned, and justice prevails.

"However, when dogs are stressed, isolated, and left without compassionate leadership, (consider the poor junkyard dog chained alone outside), they can turn into dangerous unpredictable lunatics.

"This we want to avoid by putting aside our differences, seeing the best in each other, **teaming up for the higher good**, and generally behaving like a well organized pack.

"The restoration of justice is the opportunity of the Dog year."

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From astrologer [Susie Cox](#):

"This year will be quite a contrast to the volatile Fire Rooster of 2017 that is just ending... The Earth Dog will be so completely different that the style of things should change to reflect the new Chinese sign...

"The Chinese Dog is loyal, steady.. fair, effective and passionate. His ideals and morals are not only above reproach, but direct the Dog's focus.

"He is the open-minded sentry who is **guarding the interest of the public at large** by preserving social goals.

"The Dog is intelligent, honest, straightforward and has a sense of equality and fair play...

"Money is not the motivating factor of this sign. This animal likes to meet people half way and is good at listening and offering reason...

"The Earth element brings a sense of calm to the already steady Dog. This will bring efficient and constructive thinking; **moving ahead slowly with purpose**; careful use of money; kind hearted spirit and practical vs sentimental.

"The Earth Dog is quiet and will not abuse powers given to him and will be good at delegating with a keen sense of the skills of the people.

"**The pendulum always swings** and this is quite a large change from the Fire Rooster of 2017."

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From Astrologer [Susan Lewitt](#):

"Dog year is a time of fairness and equality. Controversial issues are given their due, revolutions are successful, politics are liberal, and political oppression is opposed.

"**Integrity and honesty** are the values that lead to success under Dog's watchful and just influence.

"In Chinese society, Dogs are the favored domestic animal because they are loyal to their owners. And like a Dog, those born in the year of the Dog possess the admirable canine qualities of loyalty and integrity.

"Direct and frank, Dog does not pay much attention to superficial details and has little patience for frivolity...

"Honest and trustworthy, Dog makes an excellent friend who always takes your side.

"Dogs won't hesitate to **make sacrifices for people and ideas they believe in**.

"Stable, honest, practical, industrious, prudent, reliable, kind, and loyal are Earth qualities. The element Earth enriches Dog's character and adds needed stability.

"The Earth Dog is endowed with some of the finest qualities of all the 12 astrology animals. can succeed in their endeavors, and possess **nobility of character**. They have strong opinions and are loyal to their values.

"Dog is eager to help others, loves children, and enjoys all types of games and entertainment.

"A champion of the underdog, Dog can become self righteous and indignant when witnessing unfair treatment.

"Earth Dogs' instincts give them a clear sense of right and wrong in human relationships.

"**Reliable, sincere, and faithful** Earth Dog is dedicated to justice."

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Happy New Year of the Earth Dog!

All my love!

~MM

2018-02-17 **INFORMATION ON NEW MOON & PARTIAL SOLAR ECLIPSE**

Received from Cheryl Croci, by e-mail

15 FEBRUARY 2018

New Moon and Partial Solar Eclipse

This is a very powerful New Moon in Aquarius with a partial Solar Eclipse. It is a Black Moon/Lilith Moon in which we will confront aspects of our shadow self in order to integrate them for a new beginning and to access our hidden power. Expect to be tested, but also expect to emerge into brighter light and allow yourself to shine! The Eclipse also allows us to integrate aspects of our "wild" self and to reconnect with nature.

This is the only Moon Gate in February. The next Full Moon will be in March.

<http://www.starchildglobal.com/>

<http://cayelincastell.com/solar-eclipse/>

Eclipses open portals from the Great Above and are opportunities to consciously connect with what is hidden within in ourselves.

The 2018 February Aquarius Partial Solar Eclipse completes the Eclipse window that began with the Total Lunar Eclipse on January 31 further accelerating whatever we have been intending and putting into motion.

This eclipse is around 27 Aquarius near the South Node of the Moon suggesting a time for completing with things of the past, using the wisdom gained – for full speed ahead to our intended future.

In a Partial Solar Eclipse the Moon partially covers the Sun. This is similar to a partially open doorway we can access to other realms and dimensions. In this eclipse about half of the Sun appears to be covered.

Here is a [Time and Date information](#) for this eclipse.

We might wonder what has been partially hidden (perhaps even in plain site) and is now being revealed?

The best way to participate with this cosmic event is to let go of all possible attachments to outcome, surrender to the evolutionary changes and trust that by doing so, you will find yourself exactly where you need to be.

This is a time for seeding revolutionary and innovative ideas that could change the course of your life. Remember whatever is being seeded now may take many months and even years to unfold even though the evolutionary changes that will revolutionize our lives are being seeded today.

***Transforming yourself is a means of giving light to the whole world.”
~Sri Ramana Maharshi***

Rare Clarity & Goal Inertia

We are presently in the rising energy of the New Moon Adorned with a Solar Eclipse (Feb 16). This is a rare energy pattern & brings with it incredible opportunity for creative manifestation & new opportunities for initiating projects, establishing goals & for planning ahead. It is a time of great insight, clarity, creativity & removing shadow. Great time of pristine logic & lucid clarity to analyse relationships. The hidden is revealed, the mist of confusion is lifting, indeed answers of long perplexing obstacles can be found in this rare clarity.

At the present all 9 planets are in forward flow, none in retrograde. This is a special time to plan and start anew. Projects began in this energy will get a powerful boost. Life force is bathing the planet in this phase, and intent, focal intent is vaulted forward toward manifestation & realization. This opportune timing is amplified for the next 2 weeks thru the Full Moon. A perfect time to think and take action.

This is not to say, the energy is not intense, it is ... and this explains why many may feel at times a bit overwhelmed and a bit anxious. However, there is not a more powerful energy in 2018, than the present fortnight to create, begin projects, think problems thru to resolution etc ... until the benevolent Equinox of September. This is an extremely fertile time to plant the seeds of high intent & noble thought. They will take root !

https://www.reddit.com/r/Soulnexus/comments/7aej87/positive_affirmations_the_42_ideals_of_maat/

submitted 4 months ago * by [AdmirableByrd](#)

Know thyself, know thy soul, know thy heart, and you will *know thy purpose* †

" [Ma'at](#) refers to both the ancient Egyptian concepts of: truth, balance, order, harmony, law, morality, and justice. And the personification of these concepts as a [Goddess](#) regulating the stars, seasons, and the actions of both mortals and the deities, who set the order of the universe from chaos at the moment of creation. " [\[1\]](#)

" [Upholding the order of the universe was the pharaoh's primary responsibility](#), and many bore the title Beloved of [Ma'at](#). She is also known by her headdress composed of a feather of truth. She also carries an [ankh](#), the key of life, and sometimes a scepter. [In the underworld, the heart of the deceased was weighed on a balance scale before Osiris against that feather to detect the weight of the deceased's sins](#). It's a philosophy, a spiritual [symbol](#) as well as a cosmic energy or force which pervades the entire universe. She is the symbolic embodiment of world order, justice, righteousness, correctness, harmony and peace. She is a form of the Goddess Aset, who represents wisdom and spiritual awakening through balance and equanimity. " [\[2\]](#)

["Ma'at" ~ Katie Rose Esoteric Kybalion Art](#)

The 42 Positive Ideals Of [Ma'at](#):

1. I Honor Virtue
2. *I Benefit With Gratitude*
3. I Am Peaceful
4. I Respect the Property of Others
5. *I Affirm That All Life Is Sacred*
6. I Give Offerings That Are Genuine
7. *I Live In Truth*
8. I Regard All Altars With Respect
9. *I Speak With Sincerity*
10. I Consume Only My Fair Share
11. I Offer Words Of Good Intent¹
12. I Relate In Peace
13. I Honor Animals With Reverence

14. *I Can Be Trusted*
15. *I Care For The Earth*
16. I Keep My Own Council
17. *I Speak Positively Of Others*
18. *I Remain In Balance With My Emotions*
19. I Am Trustful In My Relations
20. I Hold Purity In High Esteem
21. I Spread Joy
22. *I Do The Best I Can*
23. *I Communicate With Compassion*
24. *I Listen To Opposing Opinions*
25. I Create Harmony
26. *I Invoke Laughter*
27. *I Am Open To Love In Various Forms*
28. *I Am Forgiving*
29. I Am Kind
30. I Act Respectfully Of Others
31. *I Am Accepting*
32. *I Follow My Inner Guidance*
33. *I Converse With Awareness*
34. *I Do Good*
35. I Give Blessings
36. *I Keep The Waters Pure*
37. *I Speak With Good Intent*
38. I Praise The Goddess And The God

39. *I Am Humble*

40. *I Achieve With Integrity*

41. *I Advance Through My Own Abilities*

42. *I Embrace The All*

"Ma'at" ~ Angels and Masters:

"Maat (Egypt). Also known as Maat, Maa, Maet, Maht, Mat, Maut.

The Egyptian goddess of truth, fairness, and justice, Maat is the daughter of the sun god, Ra, and consort/wife of the magical scribe god, Thoth. Legend says that when Ra created the world, he created his daughter to be the embodiment of integrity.

Maat is the goddess of fairness, integrity, promises, truth, and justice. Her symbol is the feather, which she uses with a scale of justice to weigh the heaviness of guilt or deceit within a newly deceased soul's heart.

She has impeccable abilities to discern true character, honesty, and motives in people

Invoke Maat to keep dishonest individuals and situations away from you, and for protection against dark or lower energies. *If Maat deems your motives to be pure, she'll treat you with the warmest love. If not, then she may put you through trials of purification—or you can engage in rituals, lifestyle changes, affirmations, and ceremonies to avert her trials and bring you her comradeship.*

She doesn't judge; she's truth itself.

Maat also oversees legal matters to ensure harmony and honesty.

She says,

"Everyone possesses magical abilities, and for a younger woman, the key lies in being very attuned to her menstrual cycle.

As she practices building greater harmony with the cycles of the moon and realizes their connection to her flow, she will become 'moon-struck' and open herself to a shift that unleashes practical and esoteric abilities—both of which will create in her a beautiful confidence only seen in great displays of feminine energy.

The big cats, for instance, are unapologetic about their power. They're enchanting because they put their full force in each step.

"For men and women who are not of childbearing age, the cycles of the moon do not have such obvious marks, yet we're all still affected. Anyone— even spirits—within the gravitational pull of this planet will feel the sway-that the moon creates."

"Pay exquisitely close attention to your relationship with the moon, this great source of light. Visit her often. You will find her to be a source of magical abilities that will give you important messages."

Helps with:

- » Addictions and cravings, overcoming
- » Clarification in confusing situations
- » Discerning the truth, and integrity in others
- » Divine magic
- » Integrity and commitments—for oneself and others
- » Orderliness
- » Protection against deceit and manipulation
- » Purifying the body

INVOCATION:

"If you're confused or undecided about a situation, ask Maat to help you clarify your true feelings and intentions. **She'll give you insight into the other people involved in the situation as well.**

Before you call upon her, though, be absolutely certain that you're willing to face the truth and possibly receive information that you don't want to know (such as being told about someone's lack of integrity, for example).

When you're ready to work with Maat, show her respect by sitting upright. Then say:

" Beloved and Powerful Maat, please come to me now. You are the shower of truth and integrity, and I need you to Shine your light upon [describe the situation or name the person involved].

Please shine the light of truth onto my mind and heart, helping me feel and know its wisdom.

Please help me release any narrow thinking that could blind me to the facts, and help me use the truth as the foundation for all actions.

Thank you. "

"As Above, So Below. As Within, so without. As the Universe, So the Soul. . ."

2018-02-12 A Message to Lightworkers – February 12, 2018

The latest guidance from the Ascended Masters, Galactics, Earth Elementals, Faery Elders, Angels, and Archangels known as the Collective:

Greetings, Emperors of Light!

We greet you with real joy and words of encouragement, as you have recently traveled through (and are still integrating with) powerful astrological occurrences and internal shifts in both your consciousness and cellular makeup.

These energy waves have commanded forth a significant remaking and re-creating of human life, reshaping even how energy flows and functions in the human form.

As those who volunteered to be at the forefront of this time of re-creation of human and Earth life reality, you have not only come to transform up and out of the third dimensional experience, but to reintroduce higher dimensional energies to Earth, beginning with your very bodies, hearts, and minds.

You are more than anchors of higher Light; you are living, moving, breathing demonstrations of it.

We are aware that this has taken a tremendous toll on nearly all of you.

You are many days exhausted, disappointed with life, feeling to be out of the resources and resilience one needs to simply keep going at times, let alone to go forward with a joyful sense of purpose and fulfillment.

Many are currently struggling to simply keep their spirits attached to their bodies in ways that represent a functioning Earth life.

And yet, there is within you now a Light burning, even if it feels to be only a spark, that was not there even three months ago.

It is not the time that has passed, but what has occurred within it, that has been a crucial catalyst.

You are used to feeling that life comes **to** or **at** you.

Yet this higher level you have now reached in your Ascension journey is a matter of you living not in passivity, but of actively reaching out into the Universe—going further into its depths.

This means that you are not only stepping out of the Matrix—you are superseding it, moving to where its energies, cyclic commands, and overall structure are increasingly no longer a part of your reality.

This is the essence of moving up in vibration—that which is not real to you begins to move out of your reality, until it ceases to exist for you altogether.

This is why those who vibrate with a high expectation of and love for prosperity and Abundance are never without money (or people who believe in their ideas and are willing to invest in them)—where they are vibrationally, hardship does not exist, even if others standing quite near them find that that is all they see.

This is why those who vibrate with perfect health have no problem maintaining their perfect or near-perfect weight, eating healthfully, choosing holistic remedies, and rarely becoming ill—or righting themselves quickly after an illness or injury.

Because from where they stand vibrationally, there is **no** poor health. There is only an increasingly higher vibration in every cell of their being.

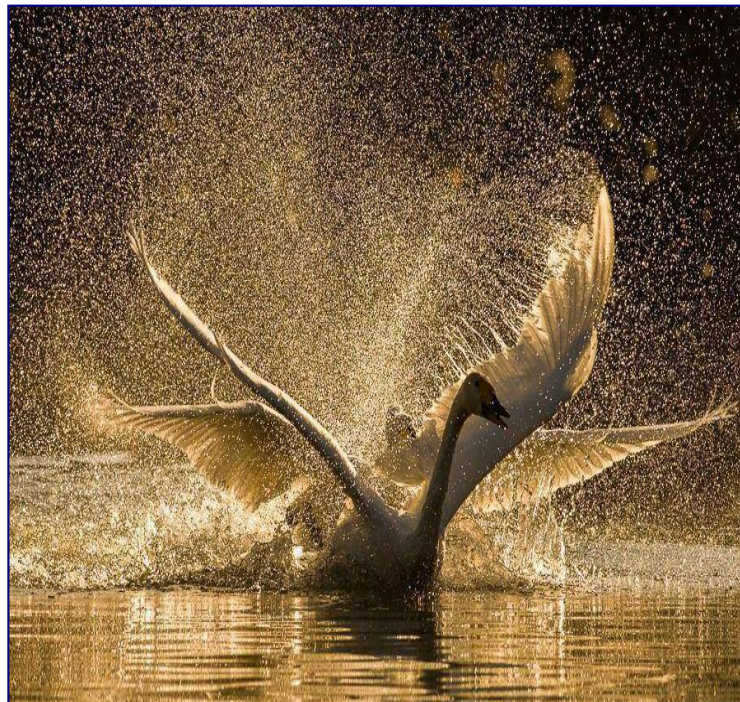
Even illness is an opportunity to move only higher.

And it is why some who do not appear particularly attractive, gifted, or fascinating nevertheless constantly enjoy joyful friendships, a fulfilling romantic life, and positive work connections—because from where they are, they see and expect only Love and Divine expression in every person they see.

And so we invite you, in this time that feels to be made of inner and outer tumult in many ways, though with a feeling of swift change and optimism in the air—we invite you to realize where it is you have come to.

And that is not simply another step upon the Ascension path, but a quantum leap into a whole other aspect of it.

In this new level of existence, with which every wave and particle of your being now resonates, what used to be called miracles in your old life are now occurring far more frequently, and are more clearly the direct result of your presence, your own innate energies.



You are thinking now that, in that case, you need to redirect and refocus your energies to address the parts of your life that do not yet seem aligned with your higher vision for them.

Yet we assure you, they are already busy aligning with that higher vision, because in your new vibration of extended possibilities and increasingly active co-Creation, they have no choice but to do so.

And so we would say, it is less and less now a matter of “waiting” for the world to change—waiting for NESARA to be enacted, waiting for better health or higher income, or waiting for a Love that is real.

You are already integrating the energies of the realities you have dreamt of for thousands of years—the culmination of the soul missions, dreams, and visions of hundreds of Earth lives, and especially of the life you are living now.

Now we would ask, will you admit that you have come this far?

Will you allow yourself to see that no one can hold back your progress, whether on the inner planes of life, or the outer?

Are you willing to feel as empowered and responsible for what you create, as we ourselves can see that you are?

Think, from the heart-mind, before you answer—feel first what your heart-mind has already decided.

And if the answer is a powerful “Yes!” know that we proclaim it with you, and that, as always, dear ones, you are never alone in this journey.



Call out to us, in those moments when the transformation feels to be too much, when the Sun's energies and the Earth's rebirth, and all that has set in motion, feel to be too overpowering.

We will answer, as we have in every dimension you have ever been in, and reassure you that you have nothing less than legions upon legions of Angels, faery folk, gods and goddesses, and Light Beings of every description flying forward to meet you as you call out for support, assistance, and the feeling of being loved and encouraged.

Namaste, Makers of the New Earth, and the New Crystalline Human!

You are never alone.

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