

## Tune in: Things that make you go hmmm

From Mozart to Missy Elliott, from *Country Roads* to *Bohemian Rhapsody*, music has always been more than entertainment—it's nourishment for the soul. Across cultures and classrooms, music teaches what words alone can't: how to feel, remember, connect, and *be*.

Neuroscience confirms that learning with rhythm, rhyme, and melody activates both sides of the brain. But those who've danced to a lesson, sung through a struggle, or healed through a song don't need a study to tell them it works. Music doesn't just help us *remember the lyrics*—it helps us *remember who we are*.

In classrooms and circles around the world, music is awakening ancient ways of knowing. Songs are being used to restore culture, tell stories, and remember what was never meant to be forgotten. From Bob Marley reminding us that *Every Little Thing is Gonna Be Alright* to Vivaldi composing *Four Seasons*, music reveals the power of persistence, hope, and vibration itself.

Even the universe moves musically—planets in orbital harmony, oceans in tidal rhythm and the *Hills* are *Alive with the Sound of Music*. When we learn through music, we don't just memorize facts—we *tune in*. We remember that we are vibration, resonance, frequency. That learning is not about cramming information but finding your *voice* in the symphony of life.

In hip hop, we learn to speak truth with rhythm and flow—poetry in motion that gives voice to untold stories. In classical music, the harmonies of Bach and Beethoven teach us about structure, discipline, and beauty beyond words. Rock legends like Queen showed us that creativity has no rules, and country music grounds us in place, story, and feeling—reminding us we're always a little bit country, a little bit rock 'n' roll.

Harmonics go deeper still. They invite resonance—inside the body, between voices, across generations. When children sing together, their hearts begin to beat in time. ♥ When a teacher turns the times tables into a rap, even the most reluctant learners lean in. When a teenager writes lyrics to process pain, something shifts. Something heals.

Music is universal, timeless, and endlessly adaptable. It crosses borders, bridges generations, and breaks down barriers. When we weave music into learning, we're not just engaging the mind—we're awakening the whole being.

So tune in. Turn it up. Whether it's a classroom, a kitchen table, or under the stars—there's always a lesson waiting in the melody.

Let the music teach. Let your heart sing.

Because sometimes, the deepest learning sounds a lot like a song. .

If this topic resonates, then I encourage you to listen to the 4<sup>th</sup> July podcast **on All Learning Reimagined** when I interview inspiring singing teacher Leah Bridget. If anyone is interested in connecting with Leah to learn more about what she does she can be reached at <a href="mailto:Lframe@hotmail.com">Lframe@hotmail.com</a>

Enjoy! Teresa 2025

Host of 'All Learning Reimagined'